

1 **CONVERGENCE RATE OF RESTARTED ACCELERATED
2 GRADIENT***

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4 **Abstract.** The accelerated gradient algorithm is known to have non-monotonic, periodic con-
5 vergence behavior in the high momentum regime. If important function parameters like the condition
6 number are known, the momentum can be adjusted to get linear convergence. Unfortunately these
7 parameters are usually not accessible, so instead heuristics are used for deciding when to restart.
8 One of the most intuitive and well known heuristics is to look at the inner product of the momentum
9 and gradient vector and restart when this inner product is positive. In this paper we start by proving
10 that the convergence rate of this adaptive restarting heuristic is linear for convex functions which
11 may not be strongly convex. Next we introduce a new restarting criteria that we call "cone based
12 restart", and prove linear convergence under the same conditions. Finally we extend the restart
13 heuristic for non-smooth convex functions.

14 **Key words.** Accelerated gradient, restart, convex optimization, strong convexity.

15 **AMS subject classifications.** 68Q25, 68R10, 68U05

16 **1. Introduction.** Nesterov's accelerated gradient algorithm [2] is well-known for
17 achieving fast convergence despite not being more complex than the classical gradient
18 descent algorithm. Although the algorithm was introduced more than three decades
19 ago, it became very popular in the late 2000's due to its benefits in solving large
20 problems in sparse signal recovery, machine learning, composite function optimization,
21 etc., where higher order methods become infeasible.

22 The idea behind accelerated gradient scheme is the accumulation of momentum.
23 At each step instead of just taking into account the gradient we also take into account
24 the momentum vector which is essentially a weighted sum of all the previous steps.
25 The momentum vector contains some second order information about the objective
26 function which leads to accelerated convergence when used correctly.

27 A notable problem with the accelerated gradient algorithm (and momentum based
28 methods in general) is that it exhibits non-monotonic convergence behavior. Espe-
29 cially when the function value seems to be decreasing the fastest, it begins to increase.
30 This behavior seems to be periodic and lowers the convergence rate. An intuitive ex-
31 planation of this behavior is that, as the momentum increases, the algorithm takes
32 much larger steps towards the optimum point, leading to faster decrease in the func-
33 tion value, until the point where it overshoots. After that point the momentum vector
34 makes the iterates move away from the optimum causing the function value to increase
35 until the gradient of the objective function nullifies and corrects the direction.

36 One important observation is that when step sizes are chosen small enough the
37 algorithm exhibits monotonic convergence until the first point of overshoot. The
38 original algorithm lets the gradient slow down the algorithm once it overshoots. Yet
39 we can obviously do better if we slow it down or stop it "artificially" when overshoot
40 happens. Instead of slowing the algorithm using the gradient we restart it, which
41 erases the history and starts the algorithm afresh using the current iterate as the

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42 initial point. If we know the condition number then one can exploit the periodic
 43 behavior of the non-monotonicity and employ periodic restarts at those points to
 44 achieve linear convergence [5]. When we don't have that information though it seems
 45 difficult to decide on the right periodicity and we currently cannot do better than
 46 ordinary accelerated gradient.

47 Some of the tests for detecting overshoot are the exact non-monotonicity test [1],
 48 and the gradient-mapping test [4], both of which seem to work well in practice.

49 In this paper we will focus on the gradient-mapping test based restart and prove
 50 that it exhibits linear convergence under strong convexity. To the best of our knowl-
 51 edge no such convergence result is known and prior analysis was restricted to quadratic
 52 functions [4].

53 **2. The Algorithm.** We will assume the the objective function is strongly con-
 54 vex. There are several equivalent definitions of strong convexity. We will use the
 55 following one.

56 **DEFINITION 2.1.** *A function $f : R^n \rightarrow R$ is strongly convex if*

57 (1)
$$f(y) \geq f(x) + \nabla f(x)^T(y - x) + (\mu/2)\|y - x\|_2^2,$$

58 *for some constant $\mu \geq 0$.*

59 We will also assume that the gradient of the objective function is Lipschitz.

60 **DEFINITION 2.2.** *The gradient of f is Lipschitz if there exists a constant $L > 0$
 61 such that*

62 (2)
$$\|\nabla f(x) - \nabla f(y)\|_2 \leq L\|x - y\|_2.$$

63 In this paper we are interested in solving the general unconstrained convex opti-
 64 mization problem,

$$\min_{x \in R^n} f(x),$$

66 where $f : R^n \rightarrow R$ is a strongly convex, Lipschitz function.

67 The accelerated gradient algorithm is an instance of the general momentum
 68 based algorithms. These algorithms produce a sequence of iterates $x_k \in R^n$, for
 69 $k = 0, 1, 2, \dots$

70 **DEFINITION 2.3.** *Generalized accelerated gradient update rule:*

71 (3)
$$y_k = x_k + \beta_k(x_k - x_{k-1})$$

72 (4)
$$x_{k+1} = y_k - \alpha_k \nabla f(y_k),$$

73 *where the term $\beta_k(x_k - x_{k-1})$ is the momentum term at each step.*

74 It is well known that accelerated gradient has a guaranteed convergence rate of
 75 $O(k^{-2})$. However, for strongly convex functions, if the condition number μ and Lip-
 76 schitz constant L are known, it can be improved to linear convergence, $O(c^{-k})$ [3].
 77 Unfortunately both are unknown in many problems. Moreover, it is frequently im-
 78 practical to estimate μ .

79 To make the analysis shorter, we are going to investigate a simpler update rule
 80 given as follows.

81 **DEFINITION 2.4.** *Simpler accelerated gradient update rule:*

82
$$x_{k+1} = x_k + \beta_k(x_k - x_{k-1}) - \alpha_k \nabla f(x_k).$$

83 The most notable difference in this version is that we are using $\nabla f(x_k)$ instead of
 84 $\nabla f(y_k)$. Under a sufficient smoothness condition it is straightforward to extend our
 85 analysis to the original case (Definition 2.3) if so desired. From now on we will refer
 86 to

87
$$x_{k+1} - x_k = \beta_k(x_k - x_{k-1}) - \alpha_k \nabla f(x_k),$$

88 as the **momentum** at step $k + 1$.

89 The gradient-mapping restart test was proposed in [4]. An ascent direction has a
 90 positive projection on the gradient.

91 **DEFINITION 2.5.** *Gradient-mapping restart condition:*

92
$$\nabla f(x_k)^T(x_k - x_{k-1}) > 0.$$

93 The algorithm, which we will denote as MAGR, is shown in Algorithm 1.

Algorithm 1 Momentum accelerated gradient algorithm with gradient-mapping restart

```

Choose  $x_{-1} \in R^n$ 
 $x_0 = x_{-1}$ 
for  $k \geq 0$  do
   $z_{k+1} = \beta_k(x_k - x_{k-1}) - \alpha_k \nabla f(x_k)$ 
  if  $\nabla f(x_k + z_{k+1})^T z_{k+1} > 0$  then
     $x_{k+1} = x_k - \alpha_k \nabla f(x_k)$ 
  else
     $x_{k+1} = x_k + z_{k+1}$ 
  end if
end for

```

94 In Nesterov's original accelerated algorithm [2], the β_k 's were chosen such that
 95 $\beta_{k+1} = \theta_k(1 - \theta_k)/(\theta_k^2 + \theta_{k+1})$, where θ_{k+1} solves $\theta_{k+1}^2 = (1 - \theta_k)/(\theta_k^2 + \theta_{k+1})$. In the
 96 next section we will do the convergence analysis for constant β_k rather than Nesterov's
 97 choice.

98 **3. Convergence rate of MAGR.** Assuming that no restart was initiated,

99
$$(x_{k+1} - x_k)^T \nabla f(x_{k+1}) \leq 0.$$

100 Then from equation (1) we have that,

101
$$f(x_k) \geq f(x_{k+1}) + \nabla f(x_{k+1})^T(x_k - x_{k+1}) + (\mu/2)\|x_{k+1} - x_k\|_2^2,$$

102 which implies that,

103 (5)
$$f(x_k) - f(x_{k+1}) \geq (\mu/2)\|x_{k+1} - x_k\|_2^2.$$

104 Therefore as long as there is no restart we do have monotonic decrease in the objective.
 105 Strong convexity can be also used to bound the gradients at each step.

106
$$f(x^*) - f(x) - \nabla f(x)^T(x^* - x) \geq (\mu/2)\|x - x^*\|^2,$$

107 where x^* denotes the minimum of f , leading to,

$$\begin{aligned} 108 \quad f(x) - f(x^*) &\leq \nabla f(x)^T(x - x^*) - (\mu/2)\|x - x^*\|^2 \\ 109 \quad &\leq \|\nabla f(x)\|\|x - x^*\| - (\mu/2)\|x - x^*\|^2 \\ 110 \quad &= \frac{\|\nabla f(x)\|^2}{2\mu} - \left(\|x - x^*\|\sqrt{\frac{\mu}{2}} - \frac{\|\nabla f(x)\|}{\sqrt{2\mu}}\right)^2 \\ 111 \quad (6) \quad &\leq \frac{\|\nabla f(x)\|^2}{2\mu}. \end{aligned}$$

112 Next observe that when there is no restart

$$113 \quad (x_k - x_{k-1})^T \nabla f(x_k) \leq 0,$$

114 then

$$115 \quad (7) \quad \|\beta_k(x_k - x_{k-1}) - \alpha_k \nabla f(x_k)\|_2^2 \geq \|\beta_k(x_k - x_{k-1})\|^2 + \alpha_k^2 \|\nabla f(x_k)\|^2,$$

116 where the left hand side is the momentum at the *next* step $k+1$: $\|x_{k+1} - x_k\|^2$, if
117 there is no restart in that step either.

118 Now let k_s denote the **first** iteration where we restart:

$$\begin{aligned} 119 \quad (x_{k_s} - x_{k_s-1})^T \nabla f(x_{k_s}) &\leq 0 \\ 120 \quad z_{k_s+1}^T \nabla f(x_{k_s} + z_{k_s+1}) &> 0. \end{aligned}$$

121 Assume that

$$122 \quad c(f(x_0) - f(x^*)) = f(x_{k_s}) - f(x^*).$$

123 To show linear convergence it is sufficient to establish that c has an upper bound
124 strictly smaller than 1.

125 In the rest of the the analysis, for the sake of simplicity, we will fix $\alpha_k = \alpha$ and
126 $\beta_k = \beta$.

127 LEMMA 3.1. *For fixed α and β and $k \leq k_s$,*

$$128 \quad \|x_k - x_{k-1}\| \geq \alpha \sqrt{2\mu(f(x_{k_s}) - f(x^*)) \sum_{i=0}^{k-1} \beta^{2i}}.$$

129 *Proof.* When there is no restart we have

$$130 \quad \gamma_k \equiv \|x_k - x_{k-1}\| = \|\beta_{k-1}(x_{k-1} - x_{k-2}) - \alpha_{k-1} \nabla f(x_{k-1})\|.$$

131 From (6) we know that at each step $k \leq k_s$,

$$132 \quad \|\nabla f(x_k)\| \geq \sqrt{2\mu(f(x_{k_s}) - f(x^*))}.$$

133 Combining this with (7), we get

$$134 \quad \gamma_k^2 \geq \beta^2 \gamma_{k-1}^2 + 2\alpha^2 \mu(f(x_{k_s}) - f(x^*)),$$

135 which yields the desired bound when combined with the fact that

$$136 \quad (8) \quad \gamma_1 = \alpha \|\nabla f(x_0)\|. \quad \square$$

137 LEMMA 3.2. Let k_s be the first restarting step. Then,

138
$$f(x_0) - f(x^*) \geq (f(x_{k_s}) - f(x^*)) \left(1 + \mu^2 \alpha^2 \sum_{k=0}^{k_s-1} \sum_{i=0}^k \beta^{2i} \right).$$

139 *Proof.* From (5), for $k < k_s$, and the fact that

140
$$f(x_k) - f(x^*) > f(x_{k_s}) - f(x^*),$$

141 we have,

142
$$f(x_k) - f(x_{k+1}) \geq \frac{\mu}{2} 2\mu\alpha^2 (f(x_{k_s}) - f(x^*)) \sum_{i=0}^k \beta^{2i}.$$

143 Therefore

144
$$f(x_0) - f(x_{k_s}) \geq \mu^2 \alpha^2 (f(x_{k_s}) - f(x^*)) \sum_{k=0}^{k_s-1} \sum_{i=0}^k \beta^{2i},$$

145 which yields the desired bound. \square

146 LEMMA 3.3. If $0 < \beta < 1$

147
$$k_s \leq \frac{1}{2 \ln \beta} \ln \left(1 - \frac{1 - \beta^2}{\mu^2 \alpha^2} \right)_+ - 1.$$

148 *Proof.* From inequalities (6), (7), and (8), for fixed α and β we have:

149
$$\begin{aligned} \|x_{k+1} - x_k\|^2 &= \|\beta(x_k - x_{k-1}) - \alpha \nabla f(x_k)\|_2^2 \\ 150 &\geq \|\beta(x_k - x_{k-1})\|^2 + 2\mu\alpha^2 (f(x_k) - f(x^*)) \\ 151 &\geq \beta^{2k} \|x_1 - x_0\|^2 \\ 152 (9) \quad &\geq 2\mu\alpha^2 \beta^{2k} (f(x_0) - f(x^*)). \end{aligned}$$

153 Strong convexity,

154
$$f(x_k) - f(x_{k+1}) \geq \nabla f(x_{k+1})^T (x_k - x_{k+1}) + \frac{\mu}{2} \|x_{k+1} - x_k\|^2,$$

155 and no restart, $\nabla f(x_{k+1})^T (x_k - x_{k+1}) \geq 0$, implies that:

156
$$f(x_k) - f(x_{k+1}) \geq \frac{\mu}{2} \|x_{k+1} - x_k\|^2.$$

157 Substituting (9) and summing over k we get,

158
$$f(x_0) - f(x^*) \geq f(x_0) - f(x_{k_s}) \geq \mu^2 \alpha^2 \sum_{k=0}^{k_s} \beta^{2k} (f(x_0) - f(x^*))$$

159 Hence,

160
$$1 \geq \mu^2 \alpha^2 \frac{1 - \beta^{2(k_s+1)}}{1 - \beta^2},$$

161 which yields, when $0 < \beta < 1$,

162
$$k_s \leq \frac{1}{2 \ln \beta} \ln \left(1 - \frac{1 - \beta^2}{\mu^2 \alpha^2} \right)_+ - 1.$$
 \square

163 Note that this upper bound on k_s is probably not sharp but it will suffice for our
 164 purposes.

165 LEMMA 3.4. *If $\alpha < 1/L$ then $k_s \geq 2$. Also, for any $t \geq 2$, there exists an $\alpha > 0$,*
 166 *such that $k_s \geq t$.*

167 *Proof.* Since ∇f is Lipschitz continuous

$$168 \quad \|\nabla f(x) - \nabla f(x - \alpha \nabla f(x))\| \leq L\alpha \|\nabla f(x)\|.$$

169 If $0 < \alpha < L^{-1}$ then

$$170 \quad \nabla f(x)^T \nabla f(x - \alpha \nabla f(x)) \geq \nabla f(x)^T (\nabla f(x) - L\alpha \nabla f(x)) \geq 0.$$

171 Therefore $k_s \geq 2$ since the initial momentum is zero.

172 A similar, but more tedious, argument, shows that for all $t \geq 2$ there exists a
 173 small enough $\alpha > 0$ such that $k_s \geq t$. The basic idea is that for sufficiently small α
 174 the initial momentum can be kept as small as desired. Then the Lipschitz continuity
 175 is used as above to show that the restart condition will not be satisfied. \square

176 Let k_j denote the number of iterations between the j th and $j - 1$ th restarts.
 177 Based on Lemmas 3.3 and 3.4, once $0 < \alpha < L^{-1}$ is fixed, we can choose $0 < \beta < 1$,
 178 such that there exist constants p and q which guarantee that

$$179 \quad 2 \leq p \leq k_j \leq q < \infty.$$

180 LEMMA 3.5. *Let r be the total number of iterations. Then*

$$181 \quad f(x_r) - f(x^*) \leq (f(x_0) - f(x^*)) \left[\frac{1}{1 + \alpha^2 \mu^2 \sum_{k=0}^{p-1} \sum_{i=0}^k \beta^{2i}} \right]^{\frac{r}{q}}.$$

182 *Proof.* Let \hat{x}_j denote the point right at the beginning of the j th restart where
 183 $\hat{x}_0 = x_0$. From lemma (3.2) and $k_j \geq p$, right at the beginning of the j th restart we
 184 have,

$$185 \quad f(\hat{x}_{j-1}) - f(x^*) \geq (f(\hat{x}_j) - f(x^*)) \left(1 + \mu^2 \alpha^2 \sum_{k=0}^{p-1} \sum_{i=0}^k \beta^{2i} \right).$$

186 If there are a total of N restarts until iteration r this inequality leads to,

$$187 \quad (f(x_r) - f(x^*)) \leq (f(\hat{x}_0) - f(x^*)) \left[\frac{1}{1 + \alpha^2 \mu^2 \sum_{k=0}^{p-1} \sum_{i=0}^k \beta^{2i}} \right]^N.$$

188 From $k_j \leq q$ we have $N \geq \frac{r}{q}$ combining with $\hat{x}_0 = x_0$ the result follows. \square

189 Now we have all the ingredients we need to state the main result of this paper.

190 THEOREM 3.6. *Convergence rate of MAGR is linear.*

191 *Proof.* The lower and upper bounds on p and q from Lemmas 3.4 and 3.3 combined
 192 with the result in Lemma 3.5 yields

$$193 \quad (f(x_k) - f(x^*)) \leq (f(x_0) - f(x^*)) \left[\frac{1}{1 + \alpha \mu^2 (\beta^2 + 1)} \right]^{\frac{k}{\frac{1}{2 \ln \beta} \ln \left(1 - \frac{1 - \beta^2}{\mu^2 \alpha^2} \right)_+ - 1}}$$

194 Let

$$195 \quad 0 < \tau = \left[\frac{1}{1 + \alpha \mu^2 (\beta^2 + 1)} \right]^{\frac{1}{\frac{1}{2 \ln \beta} \ln \left(1 - \frac{1 - \beta^2}{\mu^2 \alpha^2} \right)_+ - 1}} < 1.$$

196 Then we see that MAGR converges like $O(\tau^k)$ which is linear as claimed. \square

197 **4. Non-Strongly Convex functions.** In the previous section we have assumed
 198 strong convexity for our convergence proof, in this section we are going to see that it is
 199 not necessary and we can relax this requirement while still getting linear convergence.

200 Inequalities (5) and (6) are the two main ingredients in the analysis of the previous
 201 section:

- 202 • $f(x_k) - f(x_{k+1}) \geq \mu/2\|x_k - x_{k+1}\|^2,$
- 203 • $f(x) - f(x^*) \leq \|\nabla f(x)\|^2/2\mu.$

204 The generalized versions are:

$$205 \quad (10) \quad f(x_k) - f(x_{k+1}) \geq c_1\|x_k - x_{k+1}\|^2,$$

206 and

$$207 \quad (11) \quad f(x) - f(x^*) \leq c_2\|\nabla f(x)\|^2.$$

208 One can see that as long as there exists finite c_1 and c_2 such that the two conditions
 209 are satisfied, the rest of the analysis will hold and the algorithm will have linear
 210 convergence rate.

211 **4.1. An Example.** A simple example of a non-strongly convex function that
 212 satisfies the two conditions is $f(x) = x^T Ax/2$ where A is a symmetric positive semi-
 213 definite matrix with at least one zero eigenvalue. Since A is not full rank it is obvious
 214 that this objective function is not strongly convex.

215 However at every x that is not a minimum we have

$$216 \quad \nabla f(x) = Ax = \sum_i c_i v_i \neq 0,$$

217 for some eigenvectors v_i where $\lambda_i > 0$. For $\hat{\lambda} = \min_{\lambda_i > 0} \lambda_i$ we have

$$218 \quad f(x) - f(x^*) = \frac{x^T Ax}{2} \leq \frac{x^T A^2 x}{2\hat{\lambda}} = \frac{\|\nabla f(x)\|^2}{2\hat{\lambda}}.$$

219 So inequality (11) is satisfied.

220 Next note that

$$221 \quad (x_k - x_{k+1})^T A(x_k - x_{k+1}) \geq \hat{\lambda}\|x_k - x_{k+1}\|^2.,$$

222 and

$$223 \quad x_k^T Ax_k - x_{k+1}^T Ax_{k+1} = (x_k - x_{k+1})^T A(x_k - x_{k+1}) + 2(x_k - x_{k+1})^T Ax_{k+1}.$$

224 From the restart condition $\nabla f(x_{k+1})^T (x_k - x_{k+1}) \geq 0$, we conclude that,

$$225 \quad x_k^T Ax_k - x_{k+1}^T Ax_{k+1} \geq (x_k - x_{k+1})^T A(x_k - x_{k+1}) \geq \hat{\lambda}\|x_k - x_{k+1}\|^2,$$

226 which yields inequality (10).

227 Therefore this example is not strongly convex yet it satisfies both inequalities (10)
 228 and (11), and hence has linear convergence rate. Although this example shows that
 229 strong-convexity is not necessary, the given example is still somewhat similar to its
 230 strongly-convex counterpart since in a subspace it is strongly convex. We will see that
 231 we can relax the requirement even more.

232 **4.2. Relaxed Criteria for Linear Convergence.** For convex functions which
 233 are smooth on a compact set, there exists a constant M such that for all x we have
 234 $M \geq \|x - x^*\|$, which leads to the following lower-bound for $\|\nabla f(x)\|$:

235
$$\|\nabla f(x)\| M \geq \nabla f(x)^T (x - x^*) \geq f(x) - f(x^*) \implies \|\nabla f(x)\| \geq (f(x) - f(x^*))/M.$$

236 We will substitute strong-convexity with the following relaxed criteria. First,

237 (12)
$$\|\nabla f(x)\| \geq (f(x) - f(x^*))/M,$$

238 for some $M > 0$, and second,

239 (13)
$$f(x_k) - f(x_{k+1}) \geq m\|x_k - x_{k+1}\|^2,$$

240 for some $m > 0$ and $k \geq 2$.

241 LEMMA 4.1. *Assuming fixed β, α and $k \leq k_s$, if the relaxed criteria (12) and (13)
 242 are satisfied then*

243
$$\|x_k - x_{k-1}\| \geq (f(x_{k_s}) - f(x^*)) \frac{\alpha}{M} \sqrt{\sum_{i=0}^{k-1} \beta^{2i}}.$$

244 *Proof.* The proof is similar to the one we have for Lemma 3.1. Taking

245
$$\gamma_k = \|x_k - x_{k-1}\|,$$

246 and replacing equation (6) with (12) we get.

247
$$\gamma_k^2 \geq \beta^2 \gamma_{k-1}^2 + \alpha^2/M^2 (f(x_{k_s}) - f(x^*))^2.$$

248 The desired result follows. \square

249 LEMMA 4.2. *Let k_s be the first restarting step. Then,*

250
$$f(x_0) - f(x_{k_s}) \geq (f(x_{k_s}) - f(x^*))^2 \left(1 + m \frac{\alpha^2}{M^2} \sum_{k=0}^{k_s-1} \sum_{i=0}^k \beta^{2i} \right).$$

251 *Proof.* By a similar argument to the proof of Lemma 3.2 we have,

252
$$f(x_k) - f(x^*) > f(x_{k_s}) - f(x^*),$$

253 and $f(x_k) - f(x_{k+1}) \geq m\|x_k - x_{k+1}\|^2$ combined with (4.1),

254
$$f(x_k) - f(x_{k+1}) \geq m \frac{\alpha^2}{M^2} (f(x_{k_s}) - f(x^*))^2 \sum_{i=0}^k \beta^{2i}.$$

255 summing this expression over k yields the desired bound. \square

256 LEMMA 4.3. *If $0 < \beta < 1$, and $B = \max_x (f(x) - f(x^*))$, then*

257
$$k_s \leq \frac{1}{2\beta} \ln \left(1 - \frac{1 - \beta^2}{\frac{m}{M^2} B} \right).$$

258 *Proof.* Following steps of the proof of Lemma 3.3:

$$259 \|x_k - x_{k+1}\|^2 \geq \beta^{2k} \|x_1 - x_0\|^2 \geq \beta^{2k} \|\nabla f(x_0)\|^2 \geq \frac{\beta^{2k}}{M^2} \|f(x_0) - f(x^*)\|^2.$$

260 Last inequality is a result of condition (12). Now using condition (13) we get

$$261 f(x_k) - f(x_{k+1}) \geq m \|x_k - x_{k+1}\|^2 \geq \beta^{2k} \frac{m}{M^2} (f(x_0) - f(x^*))^2.$$

262 Summing over k leads to

$$263 f(x_0) - f(x^*) \geq \frac{m}{M^2} (f(x_0) - f(x^*))^2 \sum_{k=0}^{k_s} \beta^{2k}.$$

264 We have assumed that the function is bounded, $B \geq f(x_0) - f(x^*)$. Replacing this
265 in the inequality above we get

$$266 1 \geq B \frac{n}{M^2} \frac{1 - \beta^{2k_s + 1}}{1 - \beta^2},$$

267 and conclude that

$$268 k_s \leq \frac{1}{2 \ln \beta} \ln \left(1 - \frac{1 - \beta^2}{\frac{m}{M^2} B} \right).$$

269 Since Lemma 3.4 requires only Lipschitz continuity it carries on. Let k_j denote the
270 number of iterations between the j -th and $(j-1)$ -th restarts. Based on Lemmas 4.3
271 and 3.4, once again for fixed $\alpha \in (0, L^{-1})$, we can choose $\beta \in (0, 1)$, such that there
272 exist constants p and q which guarantee that

$$273 2 \leq p \leq k_j \leq q < \infty.$$

274 **LEMMA 4.4.** *Let r be the total number of iterations. Then*

$$275 f(x_r) - f(x^*) \leq (f(x_0) - f(x^*)) \left[\frac{1}{1 + \alpha^2 \frac{m}{M^2} \sum_{k=0}^{p-1} \sum_{i=0}^k \beta^{2i}} \right]^{\frac{r}{q}}.$$

276 *Proof.* Similar to the proof of Lemma (3.5), by using Lemma (4.2) instead of
277 Lemma (3.2), the desired result is achieved. \square

278 **THEOREM 4.5.** *When conditions (12) and (13) are satisfied MAGR has linear
279 convergence.*

280 The lower and upper bounds on p and q from Lemmas 3.4 and 4.3 combined with
281 the result in Lemma 4.4 yields

$$282 (f(x_k) - f(x^*)) \leq (f(x_0) - f(x^*)) \left[\frac{1}{1 + \alpha \frac{m}{M^2} (\beta^2 + 1)} \right]^{\frac{k}{\frac{1}{2 \ln \beta} \ln \left(1 - \frac{1 - \beta^2}{\frac{m}{M^2} B} \right) + -1}}$$

283 Let

$$284 0 < \tau = \left[\frac{1}{1 + \alpha \frac{m}{M^2} (\beta^2 + 1)} \right]^{\frac{k}{\frac{1}{2 \ln \beta} \ln \left(1 - \frac{1 - \beta^2}{\frac{m}{M^2} B} \right) + -1}} < 1.$$

285 Then we see that MAGR converges like $O(\tau^k)$ which is linear as claimed.

286 **5. Cone based restart.** We now introduce a new gradient based restart criteria
 287 which we will call ‘‘cone based restart’’. As we will see in the experiments the corre-
 288 sponding Algorithm 2 has very similar convergence behaviour and speed to MAGR,
 289 but it has some nice properties that makes it easier to guarantee linear convergence.
 290 Moreover the coefficient c in Algorithm 2 makes it possible to tune the algorithm.

Algorithm 2 Momentum accelerated gradient algorithm with cone based restart

```

Choose  $x_{-1} \in R^n$ 
Choose  $c > 1/\sqrt{2}$ 
 $x_0 = x_{-1}$ 
 $g_r = \nabla f(x_0)$ 
for  $k \geq 0$  do
   $z_{k+1} = \beta_k(x_k - x_{k-1}) - \alpha_k \nabla f(x_k)$ 
  if  $\nabla f(x_k + z_{k+1})^T g_r < c \|\nabla f(x_k + z_{k+1})\| \|g_r\|$  then
     $x_{k+1} = x_k - \alpha_k \nabla f(x_k)$ 
     $g_r = \nabla f(x_{k+1})$ 
  else
     $x_{k+1} = x_k + z_{k+1}$ 
  end if
end for
```

291 The restart condition

$$292 \quad \nabla f(x_k + z_{k+1})^T g_r < c \|\nabla f(x_k + z_{k+1})\| \|g_r\|,$$

293 guarantees that all of the gradients until the next restart lie in the cone centered
 294 around the initial gradient g_r . Observe that when the assumptions in Lemma 4.5 are
 295 satisfied the conclusions hold true for cone based restart too. For strongly convex
 296 objective functions it is easy to see that they indeed are satisfied since the selection
 297 $c > \sin(\pi/4)$ guarantees that for all k we have $(x_k - x_{k+1})^T \nabla f(x_{k+1}) > 0$ when there
 298 is no restart. For the same selection of c we can further observe that there is a $\mu > 0$
 299 such that

$$300 \quad \nabla f(x_i)^T \nabla f(x_0) \geq \mu \|\nabla f(x_i)\| \|\nabla f(x_0)\|,$$

301 **for** $i < k_s$.

302 For the non-strongly convex example we have in (16), assuming compactness, let
 303 $\|x - y\| \leq M$. Then from convexity, when there is no restart at step k , we have

$$304 \quad f(x_k) - f(x_{k+1}) \geq (x_k - x_{k+1})^T \nabla f(x_{k+1}) > \alpha \mu \sum_{i=0}^k \left(\sum_{l=0}^{i-1} \beta^l \right) \|\nabla f(x_i)\| \|\nabla f(x_{k+1})\|.$$

305 Since the domain is assumed to be compact we have

$$306 \quad \|\nabla f(x_i)\| \geq (f(x_i) - f(x^))/M \geq (f(x_{k+1}) - f(x^))/M.$$

307 Therefore

$$308 \quad f(x_k) - f(x_{k+1}) \geq \alpha \mu \sum_{i=0}^k \left(\frac{1 - \beta^i}{1 - \beta} \right) (f(x_{k+1}) - f(x^))^2 / M$$

$$309 \quad \geq \frac{\alpha \mu (f(x_{k_s}) - f(x^))^2}{(1 - \beta) M} \sum_{i=0}^k (1 - \beta^i).$$

310 Summing up both sides until the restart we get,

311 (14)
$$f(x_0) - f(x_{k_s}) \geq \frac{\alpha\mu(f(x_{k_s}) - f(x^*))^2}{(1 - \beta)M} \sum_{k=0}^{k_s} \sum_{i=0}^k (1 - \beta^i).$$

312 This inequality is very similar to the one in Lemma 4.2, and the proofs follow
 313 similar steps afterwards. A nice problem to try the algorithm out is given in (16) and
 314 the corresponding experiments show linear convergence of Cone Based Restart (and
 315 MAGR) and how close the convergence behavior is.

316 **6. An algorithm for non-smooth functions.** In this section we consider the
 317 case when the objective function is non-smooth. The usual approach is to replace the
 318 objective function with a smooth but approximate one. We on the other hand, will
 319 give an extension of MAGR which can be used for non-smooth convex functions. We
 320 will call it NSMAGR (Algorithm 3).

Algorithm 3 Non-smooth momentum accelerated gradient algorithm with gradient-mapping restart

```

Choose  $x_{-1} \in R^n$ 
Choose  $\mu \in (0, 1)$ 
 $x_0 = x_{-1}$ 
for  $k \geq 0$  do
  Choose  $g_k \in \partial f(x_k)$ 
   $z_{k+1} = \beta_k(x_k - x_{k-1}) - \alpha_k g_k$ 
  Choose  $\hat{g} \in \partial f(x_k + z_{k+1})$ 
  if  $\hat{g}^T z_{k+1} > 0$  then
    if  $\hat{g}^T g_k < 0$  then
       $\beta_{k+1} = \mu\beta_k$ 
       $x_{k+1} = x_k + z_{k+1}$ 
    else
       $x_{k+1} = x_k - \alpha_k g_k$ 
       $\beta_{k+1} = \beta_k$ 
    end if
  else
     $x_{k+1} = x_k + z_{k+1}$ 
  end if
end for

```

321 In the algorithm NSMAGR, g_k and \hat{g} are sub-gradients of the objective function
 322 at x_k and $x_k + z_{k+1}$ respectively. As with any gradient based non-smooth algorithm we
 323 are using sub-gradients instead of gradients. The main difference between NSMAGR
 324 and MAGR is that we impose a second condition for restart: the algorithm will not
 325 restart if there is an abrupt change in the gradient. To check if there is an abrupt
 326 change we compute the inner product of the sub-gradients at the current and the
 327 projected next step. If it is negative we don't restart; instead we decrease the step-
 328 size. In the algorithm, we have taken $\beta_{k+1} = \mu\beta_k$. However one can select different
 329 reduction schemes as long as it does not hinder the convergence rate.

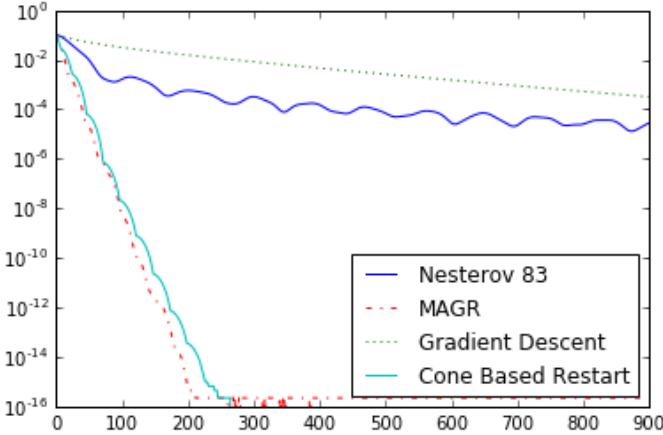


FIG. 1. Optimizing the smooth version for $\rho = 1$. The vertical axis depicts $\frac{(f(x_n) - f^*)}{f^*}$, and the horizontal axis depicts the iteration number n .

6.1. A non-smooth example. We tried the non-smooth version of MAGR on minimizing the following function:

$$(15) \quad f(x) = \max_{i=1,\dots,m} (a_i^T x - b_i).$$

One possible smooth approximation of the function is:

$$(16) \quad f(x) \approx \rho \log \left(\sum_{i=1}^m \exp((a_i^T x - b_i)/\rho) \right).$$

Although the smooth approximation converges to the original function as $\rho \rightarrow 0$, there will be numerical issues as ρ becomes small.

In our numerical experiments we took $\mu = 0.99$ and $\alpha_k = (r+1)/(r-1)$ where r is the number of steps taken after the latest restart.

From Figures 1 and 2, one can observe that accelerated gradient with restart is drastically better than both vanilla accelerated gradient and gradient descent. Classic accelerated gradient is eventually beaten by gradient descent, yet MAGR stays the fastest.

For the non-smooth case the results are very encouraging. Though the algorithms are no longer monotonic, the decrease rate of NSMAGR is still linear (see Figure 3). Yet both accelerated gradient and the vanilla gradient descent get very slow, and cannot get close to the optimum. If we look at the minimum value achieved up to each step (see Figure 4), we can see this better.

We also do a comparison on how fast and accurate NSMAGR is compared to MAGR on the smoothed version of the problem. In Figure 4 we can see that although MAGR on the smoothed version of the problem is fast in the beginning, it converges to a point which is not close to the optimum, while NSMAGR gets very close to the optimum. Also one has to note that using the smoothed function adds a constant overhead at each step, so in fact NSMAGR is also faster in terms of flop count per iteration.

7. Conclusions. Recent analysis of accelerated gradient methods have been based on ODEs [5, 6]. The rough idea is to analyze the continuous case, where

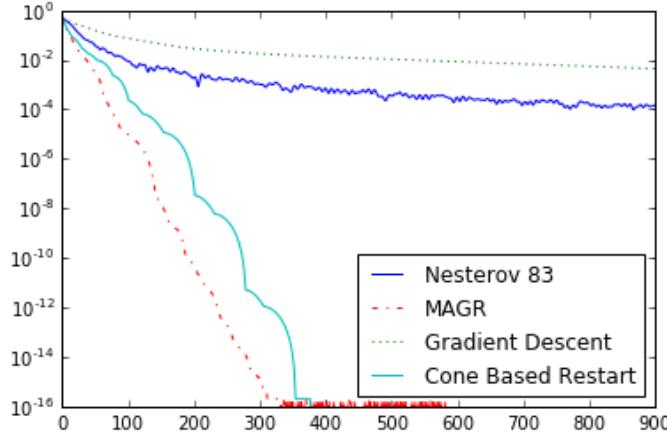


FIG. 2. Optimizing the smooth version for $\rho = 0.1$. The vertical axis depicts $\frac{(f(x_n) - f^*)}{f^*}$, and the horizontal axis depicts the iteration number n .

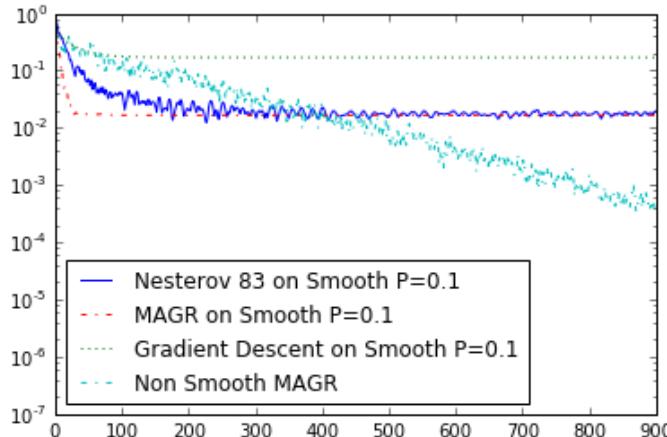


FIG. 3. Non-smooth problem minimization. The vertical axis depicts $\frac{(f(x_n) - f^*)}{f^*}$, and the horizontal axis depicts iteration number n .

357 step size is arbitrarily small, and then expand the analysis by quantizing the continuous
 358 path. Here however we used the classical approach in proving the convergence
 359 rate. With the restart condition the algorithm becomes monotonic. The momentum
 360 vector in the worst case grows like $O(\sqrt{k})$, and even in this case we have shown linear
 361 convergence rate. For additional experimental results on how effective this restart
 362 rule is the reader can also refer to [1, 4].

363 This paper has shown that the gradient-mapping based restart scheme will im-
 364 prove the convergence rate of momentum based algorithms to linear. Although this
 365 was suspected to be the case in practice we have now proved it to be true under the
 366 assumptions (12) and (13), which are quite a bit less restrictive than the assumption
 367 of strong convexity. The proposed cone based restarting condition has very similar
 368 convergence behavior, yet it is much easier to prove linear convergence. Since it also
 369 has the flexibility of the tuning parameter c we believe it may serve well where MAGR

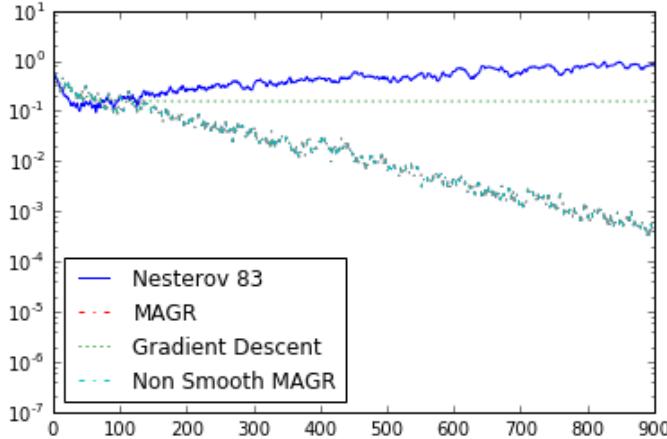


FIG. 4. Minimums achieved at each step for the non-smooth problem. The vertical axis depicts $\frac{(f(x_n) - f^*)}{f^*}$, and the horizontal axis depicts iteration number n .

370 can not.

371 It is easy to give examples of non-smooth functions where restart actually worsens
 372 the convergence rate (becomes comparable to that of standard gradient descent).
 373 However reusing earlier gradients seems to be capable of resolving this issue, and we
 374 have given a non-smooth version of MAGR that shows promising results.

375 Looking forward, it might be possible to find a more general analysis that covers
 376 an even larger class of restarting schemes. We would also like to study the convergence
 377 rate of our proposed non-smooth MAGR algorithm.

378

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